

**NW Ear Institute  
2230 NW Pettygrove St., Suite 120  
Portland, OR 97210  
(503) 444-7676**

**Bone Anchored  
Hearing Device  
Implantation**

**Postoperative Directions:**

- 1. Remove the head dressing after 24 hours.**
- 2. Leave the foam square and the plastic "healing cap" in place until your postoperative visit.**
- 3. Try to keep the surgical area dry as best as you can.**

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### **Cochlear Implantation**

#### **Postoperative Directions:**

- 1. Remove the head dressing after 24 hours.**
- 2. Remove the non-adhesive dressing behind and above your ear.**
- 3. Try to keep the surgical area dry as best as you can.**
- 4. After 48 hours, the incision site can get wet.**

#### **After Surgery:**

- 1. Do no lift more than 30 lbs for 14 days**
- 2. Do not fly more than 14 days.**
- 3. Do not blow your nose for 30 days.**
- 4. Please sneeze with your mouth open for 30 days.**

# NORTHWEST EAR INSTITUTE

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H. HAROLD KIM, M.D.

OTOLOGY & NEUROTOLOGY

2230 NW PETTYGROVE ST., STE. 120, PORTLAND, OR 97210

## Surgery: Tympanomastoidectomy

### Postoperative Instructions:

1. Remove the head dressing after 24 hours. This includes the non-adhesive dressing behind your ear.
2. The cotton ball in your ear should be changed as needed. It is normal to see bloody discharge on the cotton ball.
3. If the cotton ball gets saturated in less than 30 minutes, please call.

### Afterwards:

1. Incision behind your ear can get wet 48 hours following your surgery.
2. Keep water out of your ears when bathing or showering by using a cotton ball saturated with vasoline petroleum jelly or an antibiotic ointment.
3. Do not lift more than 30 lbs or fly for at least 14 days following surgery.
4. Sneeze with your mouth open and do not blow your nose for 30 days.

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## Surgery: Tympanoplasty

### Postoperative Instructions:

1. Remove the head dressing after 24 hours. This includes the non-adhesive dressing behind your ear.
2. The cotton ball in your ear should be changed as needed. It is normal to see bloody discharge on the cotton ball.
3. If the cotton ball gets saturated in less than 30minutes, please call.

### Afterwards:

1. Incision behind your ear can get wet 48 hours following your surgery.
2. Keep water out of your ears when bathing or showering by using a cotton ball saturated with vasoline petroleum jelly or an antibiotic ointment.
3. Do not lift more than 30 lbs or fly for at least 14 days following surgery.
4. Sneeze with your mouth open and do not blow your nose for 30 days.

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OTOLOGY & NEUROLOGY

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## Surgery: Stapedotomy

### Postoperative Instructions:

1. Remove the head dressing after 24 hours. This includes the non-adhesive dressing behind your ear.
2. The cotton ball in your ear should be changed as needed. It is normal to see bloody discharge on the cotton ball.
3. If the cotton ball gets saturated in less than 30minutes, please call.

### Afterwards:

1. Incision behind your ear can get wet 48 hours following your surgery.
2. Keep water out of your ears when bathing or showering by using a cotton ball saturated with vasoline petroleum jelly or an antibiotic ointment.
3. Do not lift more than 30 lbs or fly for at least 14 days following surgery.
4. Sneeze with your mouth open and do not blow your nose for 30 days.